I. TITLE: Teaching Health and Physical Education

II. CATALOG DESCRIPTION: Introduces a number of teaching methods and techniques appropriate to middle and secondary health and physical education. (Includes twelve (12) field hours) Prerequisite: HPE 175, junior or senior standing, or permission of the program coordinator.

III. PURPOSE: To acquaint the prospective health and physical education teacher with various aspects of the classroom environment. To understand the importance of ethical behavior in the professional domain of management, learning styles, behavior mechanisms, learning principles, lesson planning, delivery styles and different methodology.

IV. COURSE OBJECTIVES: The objectives indicated below are understood to be reflective of, but not limited to those behaviors advocated by the Kentucky Education Reform Act guidelines. Following each objective, and enclosed in parentheses, are numbers which reference the Kentucky New Teacher Standards.

1. The learner will explore different styles of learning. (NTS I)
2. The learner will understand the need for professional growth through continued study and professional affiliations. (NTS VII)
3. The learner will practice using classroom/teaching materials, organizational strategies and classroom strategies to enhance learning climate. (NTS I, II, III)
4. The learner will acquire, integrate, reflect, and perform various teaching techniques. (NTS I, II, III, IV)
5. The learner will study professional journals related to the study of Pedagogy and integrate these studies into teaching methods. (NTS II, VII)
6. The learner will review the varied teaching strategies. (NTS I, II)
7. The learner will incorporate technology into the learning process. (NTS IX)
8. The learner will learn ways of handling common problems that occur in the Health and Physical Education class. (NTS II, III)
9. The learner will learn how to plan a Health and Physical Education curriculum, a unit plan, and a lesson plan. (NTS I)
10. The learner will be able to implement, evaluate and reflect on lesson plans. (NTS I, III, IV)
11. The learner will be able to implement KERA standards in relation to the Health and Physical Education curriculum requirements.
12. The learner will understand NCATE Standards and how these standards relate to Health and Physical Education.
13. The learner will be able to develop a teaching portfolio. (NTS IX)

V. CONTENT OUTLINE:
A. Ethics in teaching
B. Teaching expectations
   1. Learning goals
   2. KERA expectations
   3. Program of Studies
   4. Core Content
C. Getting off to a good start in teaching
   1. Class rules
   2. Organization of class setting
D. Effective teaching techniques.
E. Planning a curriculum and portfolio development
   1. Plan a curriculum
   2. Make a unit plan
   3. Make a lesson plan
   4. Management of student conduct
   5. Assessment of student performance
   6. Reflect on lesson
   7. Design a professional growth plan
   8. Developing a portfolio
F. Implementation of the lesson plan
   1. Peer teaching
   2. Peer evaluation
G. Dealing with problems in teaching Health and Physical Education
   1. Dressing out
   2. Exercises
   3. Locker room problems
   4. Equipment
   5. Safety
H. Different teaching techniques
   1. Command
   2. Practice
   3. Reciprocal
   4. Self-check
   5. Guided discovery
   6. Individualized
I. Technology (using on-line services for planning and research)

VI. INSTRUCTIONAL ACTIVITIES: A variety of activities will be used which will include lecture, group activities, projects, peer teaching, panel discussions, and computer assignments.
VII. FIELD, CLINICAL, AND/OR LABORATORY EXPERIENCES: Twelve hours of field work will be required in middle or high school health and physical education.


IX. GRADING PROCEDURES: Each assignment, project, or test will be assigned a point value. At the end of the semester the total number of points available will be divided into the total points the student has accumulated and that will be the average.

The following scale will be used:

<table>
<thead>
<tr>
<th>Points</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>90 – 100</td>
<td>A</td>
</tr>
<tr>
<td>80 – 89</td>
<td>B</td>
</tr>
<tr>
<td>70 – 79</td>
<td>C</td>
</tr>
<tr>
<td>60 – 69</td>
<td>D</td>
</tr>
<tr>
<td>0 – 59</td>
<td>E</td>
</tr>
</tbody>
</table>

X. ATTENDANCE POLICY: This course adheres to the policy published in the MSU Undergraduate Bulletin.

XI. ACADEMIC HONESTY POLICY: Cheating, plagiarism (submitting another person’s materials as one’s own), or doing work for another person who will receive academic credit are all impermissible. This includes the use of unauthorized books, notebooks, or other sources in order to secure or give help during an examination, the unauthorized copying of examinations, assignments, reports, or term papers, or the presentation of unacknowledged materials as if it were the student’s own work. Disciplinary action may be taken beyond the academic discipline administered by the faculty member who teaches the course in which the cheating took place.


XIII. PREREQUISITES: HPE 175, junior or senior standing, or permission of program coordinator.