I. TITLE: Fundamentals of Athletic Coaching

II. COURSE DESCRIPTION AND PREREQUISITE(S):
This course is designed to introduce prospective athletic coaches and physical education teachers to the theory and applied practice of athletic coaching.  
Prerequisite(s): none

III. COURSE OBJECTIVES:
Class activities will be centered on the attainment of the course objectives listed below. Following each objective, and enclosed in parentheses, are numbers which reference the Society of Health and Physical Educators (SHAPE) standards addressed by that objective. Upon successful completion of this class, students will be able to
A. obtain an understanding of and appreciation for the ethical and professional issues regarding athletic coaching (SHAPE 1, 6, 7,8),
B. gain knowledge and understanding of characteristics associated with athletes and their motivation (SHAPE 3, 6, 7),
C. gain knowledge of the variety of resources available to athletic coaches (SHAPE 2, 3, 6, 7, 8).
D. become familiar with appropriate strategies for practice and conditioning for individual and team sports (SHAPE 3, 4, 5, 6),
E. gain an understanding of athletic coaching strategies for the primary team and individual sports played in schools (SHAPE 4, 5, 6),
F. gain an understanding of the administration of a sport and begin to develop skills to manage a group of athletes for both individual and team sports (SHAPE 7, 8),
G. use technology to refine analytical skills relevant to assessment knowledge (SHAPE 5, 6), and
H. write professionally for the field of education (SHAPE 5).

IV. CONTENT OUTLINE:
A. Overview of athletic coaching
B. Principles of athletes’ behavior
C. Principles of Teaching
D. Administration of sports teams
E. Management of sports
F. Athletic coaching strategies
G. Principles of Physical Training
H. Senate Bill 1 Initiatives
V. INSTRUCTIONAL ACTIVITIES: Lecture, discussion, group work, Internet, guest speakers and assignments.

VI. FIELD, CLINICAL, AND/OR LABORATORY EXPERIENCES: None

VII. TEXT(S) AND RESOURCES:

Athletic coaches, library, computer labs, Internet, organizations, multimedia presentations, professionals in the field.

VIII. EVALUATION AND GRADING PROCEDURES:
Letter grades (90%+=A, 80-89=B, 70-79=C, 60-69=D, 0-59=E) will be assigned using the following criteria:

<table>
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<tr>
<th>Test 1 (Chapters 1-6)</th>
<th>Test 2 (Chapters 7-12)</th>
<th>Mid-semester Exam (Chapters 1-12)</th>
<th>Test 3 (Chapters 13-16)</th>
<th>Test 4 (Chapters 17-20)</th>
<th>Final Exam (Chapters 13-20)</th>
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IX. ATTENDANCE POLICY:
Students are expected to adhere to the MSU Attendance Policy outlined in the current MSU Bulletin.

X. ACADEMIC HONESTY:
Murray State University takes seriously its moral and educational obligation to maintain high standards of academic honesty and ethical behavior. Instructors are expected to evaluate students’ academic achievements accurately, as well as ascertain that work submitted by students is authentic and the result of their own efforts, and consistent with established academic standards. Students are obligated to respect and abide by the basic standards of personal and professional integrity.

Violations of Academic Honesty include:
Cheating - Intentionally using or attempting to use unauthorized information such as books, notes, study aids, or other electronic, online, or digital devices in any academic exercise; as well as unauthorized communication of information by any means to or from others during any academic exercise.
Fabrication and Falsification - Intentional alteration or invention of any information or citation in an academic exercise. Falsification involves changing information whereas fabrication involves inventing or counterfeiting information.
Multiple Submission - The submission of substantial portions of the same academic work, including oral reports, for credit more than once without authorization from the instructor.
Plagiarism - Intentionally or knowingly representing the words, ideas, creative work, or data of someone else as one’s own in any academic exercise, without due and proper acknowledgement.

Instructors should outline their expectations that may go beyond the scope of this policy at the beginning of each course and identify such expectations and restrictions in the course syllabus. When an instructor receives evidence, either directly or indirectly, of academic dishonesty, he or she should investigate the instance. The faculty member should then take appropriate disciplinary action.

Disciplinary action may include, but is not limited to the following:
1) Requiring the student(s) to repeat the exercise or do additional related exercise(s).
2) Lowering the grade or failing the student(s) on the particular exercise(s) involved.
3) Lowering the grade or failing the student(s) in the course.

If the disciplinary action results in the awarding of a grade of E in the course, the student(s) may not drop the course.

Faculty reserve the right to invalidate any exercise or other evaluative measures if substantial evidence exists that the integrity of the exercise has been compromised. Faculty also reserve the right to document in the course syllabi further academic honesty policy elements related to the individual disciplines.

A student may appeal the decision of the faculty member with the department chair in writing within five working days. Note: If, at any point in this process, the student alleges that actions have taken place that may be in violation of the Murray State University Non-Discrimination Statement, this process must be suspended and the matter be directed to the Office of Institutional Diversity, Equity and Access. Any appeal will be forwarded to the appropriate university committee as determined by the Provost.

XI. NON-DISCRIMINATION POLICY AND STUDENTS WITH DISABILITIES:

Policy Statement
Murray State University endorses the intent of all federal and state laws created to prohibit discrimination. Murray State University does not discriminate on the basis of race, color, national origin, gender, sexual orientation, religion, age, veteran status, or disability in employment, admissions, or other provision of services and provides, upon request, reasonable accommodation including auxiliary aids and services necessary to afford individuals with disabilities equal access to participate in all programs and activities. For more information, contact the Executive Director of Institutional Diversity, Equity and Access, 103 Wells Hall, (270) 809-3155 (voice), (270) 809-3361 (TDD).

Students with Disabilities
Students requiring special assistance due to a disability should visit the Office of Student Disability Services immediately for assistance with accommodations. For more information, students should contact the Office of Student Disability Services, 423 Wells Hall, Murray, KY 42071. 270-809-2018 (voice), 270-809-5889 (TDD).