DEPARTMENT: ACS  COURSE NUMBER: PHE 306  CREDIT HOURS:  3

I. TITLE: Dance and Gymnastics

II. COURSE DESCRIPTION: The course is designed to provide students with the skills necessary to participate in dance and gymnastics throughout their lifetime.
Prerequisite: none

III. PURPOSE: The intent of this course is to provide students with skills to participate in the areas of folk, social, modern, square, aerobic dance and rhythmic activities, as well as develop basic skills in developmental gymnastics.

IV. COURSE OBJECTIVES: The behaviors indicated below are understood to be reflective of, but not limited to those behaviors advocated by the Kentucky Educational Reform Act guidelines. Following each objective are numbers that reference the Kentucky Teacher Standards for Preparation and Certification (KTS). As a result of participation in this course, students will:
A. Demonstrate minimal proficiency in basic skills of dance and gymnastics. (KTS #1)
B. Demonstrate minimal perceptive and analytical skills in relation to dance and gymnastics. (KTS #7)
C. Exhibit rhythmic knowledge in relationship to dance. (KTS #4)
D. Execute specific dance steps. (KTS #1)
E. Acquire knowledge of cultural and historical backgrounds of dance and gymnastics. (KTS #1)
F. Understand safety factors and spotting techniques imperative to teaching and performing gymnastics. (KTS #4)
G. Understand and implement effective class organization. (KTS #3)
H. Use creative thinking skills to develop novel/constructive ideas and movements. (KTS #3)

The COE Theme of Educator as Reflective Decision-Maker is addressed in this course by requiring students to reflect on classroom settings, student characteristics, and student participation through peer observations.

The EPSB Theme of Diversity is explored in the course through the examination of the origins and development of various dances and the methods used to teach a diverse group of students.

V. CONTENT OUTLINE:
A. Basic skills of social dance:
   1. cha-cha
2. tango
3. foxtrot
4. waltz
5. jitterbug
B. Square Dance
C. Folk Dance
D. Line Dance
E. Modern Dance
F. Basic skills of gymnastics:
   1. Tumbling/floor exercise and partner stunts
   2. Safety factors will be emphasized during the time in which specific skills are introduced.

VI. INSTRUCTIONAL ACTIVITIES:
A. Activity sessions in dance and gymnastics as noted above.
B. Lecture sessions on the topics noted above.

VII. FIELD, CLINICAL, AND/OR LABORATORY EXPERIENCES: none

VIII. RESOURCES:
A. Gymnastics texts, Internet and gymnastics mat.
B. Additional resources: records, tapes, CDs, videotapes, personal property of instructor.

IX. GRADING PROCEDURE:
   Midterm Exam..............................................20%
   Final Exam...............................................20%
   Skills test presentations and participation........60%
   100%

   Grade determination based on the following percentage:
   90-100% - A  80-89% - B  70-79% - C  60-69% - D  59-Below - E

   Content for written examinations will be taken from the class handouts and information presented in class.

X. ATTENDANCE POLICY:
This course adheres to the attendance policy stated in the current MSU Undergraduate Bulletin.

XI. ACADEMIC HONESTY POLICY:
This course adheres to the academic honesty policy stated in the current MSU Undergraduate Bulletin.

XII. TEXT AND REFERENCES: none
XIII. **PREREQUISITES**: none

XIV. **NON-DISCRIMINATION POLICY STATEMENT**: Murray State University endorses the intent of all federal and state laws created to prohibit discrimination. Murray State University does not discriminate on the basis of race, color, national origin, gender, sexual orientation, religion, age, veteran status, or disability in employment, admissions, or other provision of services and provides, upon request, reasonable accommodation including auxiliary aids and services necessary to afford individuals with disabilities equal access to participate in all programs and activities. For more information, contact Director of Equal Opportunity, Murray State University, 103 Wells Hall, Murray, KY 42071-3318. Telephone: 270-809-3155 (voice), 270-809-3361 (TDD).

XV. **FLAG SYSTEM/CONTINUOUS ASSESSMENT**: Student progress is continuously assessed throughout the teacher preparation program. Appropriate professional characteristics and dispositions, in addition to academic achievement, are assessed. Positive and negative flags are submitted by faculty to Teacher Education Services and then presented to admissions committee. Negative flags are carefully reviewed to make a determination as to whether a student should be denied admission OR if a professional development plan will be designed for the student’s progress towards program completion. **NEGATIVE FLAGS MAY BE GROUNDS FOR DENIAL OR ADMISSION TO TEACHER EDUCATION AND/OR STUDENT TEACHING.**

*Note: Instructor of PHE 306 reserves the right to make changes in the course activities and assignments as deemed necessary during the semester.*