

Murray State University
Department of Adolescent, Career & Special Education
BS - Area in Health and Physical Education – Non-Certification

Revised Spring 2016

2015-2016 MSU Bulletin

Student: _____ M# _____ Advisor: _____

UNIVERSITY STUDIES FOR B.S. DEGREE (38-43 hours)

| | Hours | Semester | Grade |
|--|--------------|-----------------|--------------|
| Oral and Written Communication (7 hours) | | | |
| ENG 105 Critical Reading, Writing, and Inquiry | 4 | _____ | _____ |
| COM 161 Introduction to Public Speaking | 3 | _____ | _____ |
| Scientific Inquiry, Methodologies, and Quantitative Skills (10-14 hours) | | | |
| BIO 101 Biological Concepts | 4 | _____ | _____ |
| One Math Course | 3-5 | _____ | _____ |
| _____ (physical science recommended) | 3-5 | _____ | _____ |
| World's Historical, Literary, and Philosophical Traditions (6 hours) | | | |
| HUM 211 The Western Humanities Tradition | 3 | _____ | _____ |
| CIV 20__ World Civilizations and Cultures I or II (choose either CIV 201 or CIV 202) | 3 | _____ | _____ |
| Global Awareness, Cultural Diversity, and the World's Artistic Traditions (3 hours) | | | |
| _____ | 3 | _____ | _____ |
| Social and Self-Awareness and Responsible Citizenship (6 hours) | | | |
| EDU 103 Issues and Practices of American Education | 3 | _____ | _____ |
| _____ (from Ethics, Soc. Resp. & Civic Eng. Category) | 3 | _____ | _____ |
| University Studies Electives (6 hours) | | | |
| EDP 260 Psychology of Human Development | 3 | _____ | _____ |
| _____ | 3 | _____ | _____ |

NON CERTIFICATION TRACK COURSES (37 HOURS)

| | | | |
|---|-----|-------|-------|
| EDU 100T Transitions | 1 | _____ | _____ |
| EDU 321 Teaching Strategies I for Non-Cert Majors (Children to Adolescent) | 3 | _____ | _____ |
| EDU 322 Teaching Strategies II for Non-Cert Majors (Late Adolescent to Adulthood) | 3 | _____ | _____ |
| EDU 490 Internship I | 3 | _____ | _____ |
| EDU 491 Internship II | 3 | _____ | _____ |
| GUI 100 Self-Development and Career Exploration | 1-3 | _____ | _____ |
| HPE 409 Evaluation and Assessment in Health and Physical Education | 3 | _____ | _____ |
| NLS 290 Introduction to the Role of Service and the Nonprofit Sector | 3 | _____ | _____ |
| PHE 304 Adapted Physical Education | 3 | _____ | _____ |
| PHE 310 Fundamentals of Athletic Coaching | 2 | _____ | _____ |
| PHE 475 Policy and Professional Practice in Athletic Settings | 3 | _____ | _____ |
| <i>Choose one of the following:</i> | | | |
| SOC 231 Social Problems | 3 | _____ | _____ |
| SOC 331 The Family | 3 | _____ | _____ |
| SOC 332 Socialization of Youth | 3 | _____ | _____ |

HEALTH AND PHYSICAL EDUCATION AREA (46 HOURS)

NOTE: Courses are listed in the approximate order in which they should be taken

| | Hours | Semester | Grade |
|---|--------------|-----------------|--------------|
| HPE 175 Foundations of Health & Physical Education (C or higher required) (Fall and Sp) | 3 | _____ | _____ |
| PHE 200 Health Implications for HPE Professionals (Fall only) | 3 | _____ | _____ |
| PHE 205 Lifetime Activities (Spring only) | 3 | _____ | _____ |
| PHE 206 Team Sports (Fall only) | 3 | _____ | _____ |
| PHE 306 Dance & Gymnastics (Spring only) | 3 | _____ | _____ |
| PHE 330 Movement Concepts and Skill Themes (Fall only) | 3 | _____ | _____ |
| NTN 230 Nutrition (2 sections in fall, 1, sometime 2 in spring, sometimes summer) | 3 | _____ | _____ |
| HPE 450 Teaching Strategies in Health Education (Fall only) | 3 | _____ | _____ |
| HPE 360 Teaching Strategies in Sex Education (Spring night class) | 3 | _____ | _____ |
| HPE 370 Teaching Substance Abuse Edu. (Fall only) | 3 | _____ | _____ |
| EXS 385 Sport & Exercise Psychology (Spring always, sometimes fall) (or EXS 540) | 3 | _____ | _____ |
| PHE 375 Movement Analysis for Physical Educators (Spring only) | 4 | _____ | _____ |
| PHE 400 Teach. Phy. Ed. in the Elem. Sch. (Spring only) | 3 | _____ | _____ |
| PHE 459 Teaching Adolescent Physical Education (Fall only) | 3 | _____ | _____ |
| PHE 405 Physiology of Exercise & Fitness (Fall only) | 3 | _____ | _____ |

RESTRICTED ELECTIVES (4 HOURS)

| | Hours | Semester | Grade |
|---|--------------|-----------------|--------------|
| <i>Choose two of the following:</i> | | | |
| PHE 285 Football and Basketball Officiating | 2 | _____ | _____ |
| PHE 312 Coaching Football I | 2 | _____ | _____ |
| PHE 314 Coaching Basketball I | 2 | _____ | _____ |
| PHE 316 Coaching Baseball I | 2 | _____ | _____ |
| PHE 318 Coaching Track and Field I | 2 | _____ | _____ |
| PHE 319 Coaching Soccer | 2 | _____ | _____ |

Total semester hours required for graduation: 125-130