

**Murray State University**  
**Department of Adolescent, Career & Special Education**  
**BS - Area in Health and Physical Education – Non-Certification**

**Revised Fall 2018**

**2018-2019 MSU Bulletin**

Student: \_\_\_\_\_ M# \_\_\_\_\_ Advisor: \_\_\_\_\_

**UNIVERSITY STUDIES FOR B.S. DEGREE (38-43 hours)**

<b>Oral and Written Communication (7 hours)</b>	<b>Hours</b>	<b>Semester</b>	<b>Grade</b>
ENG 105 Critical Reading, Writing, and Inquiry	4	_____	_____
COM 161 Introduction to Public Speaking	3	_____	_____
<b>Scientific Inquiry, Methodologies, and Quantitative Skills (10-14 hours)</b>			
BIO 101 Biological Concepts	4	_____	_____
One Math Course	3-5	_____	_____
_____ (physical science recommended)	3-5	_____	_____
<b>World's Historical, Literary, and Philosophical Traditions (6 hours)</b>			
HUM 211 The Western Humanities Tradition	3	_____	_____
CIV 20__ World Civilizations and Cultures I or II (choose either CIV 201 or CIV 202)	3	_____	_____
<b>Global Awareness, Cultural Diversity, and the World's Artistic Traditions (3 hours)</b>			
_____	3	_____	_____
<b>Social and Self-Awareness and Responsible Citizenship (6 hours)</b>			
NLS 290 Introduction to the Role of Service and the Nonprofit Sector	3	_____	_____
_____ (from Ethics, Soc. Resp. & Civic Eng. Category)	3	_____	_____
<b>University Studies Electives (6 hours)</b>			
EDP 260 Psychology of Human Development	3	_____	_____
_____	3	_____	_____

**NON CERTIFICATION TRACK COURSES (34 HOURS)**

EDU 100T Transitions	1	_____	_____
EDU 180 Exploring the Teaching Profession	3	_____	_____
EDU 330 Teaching Strategies for Non-Cert Majors	3	_____	_____
EDU 490 Internship I	3	_____	_____
EDU 491 Internship II	3	_____	_____
GUI 100 Self-Development and Career Exploration	1-3	_____	_____
HPE 409 Evaluation and Assessment in Health and Physical Education	3	_____	_____
PHE 304 Adapted Physical Education	3	_____	_____
PHE 310 Fundamentals of Athletic Coaching	2	_____	_____
PHE 475 Policy and Professional Practice in Athletic Settings	3	_____	_____
SOC 436 Sociology of Sport	3	_____	_____
<b>Choose one of the following:</b>			
SOC 231 Social Problems	3	_____	_____
SOC 331 The Family	3	_____	_____
SOC 332 Socialization of Youth	3	_____	_____

**HEALTH AND PHYSICAL EDUCATION AREA (46 HOURS)**

<b>NOTE: Courses are listed in the approximate order in which they should be taken</b>	<b>Hours</b>	<b>Semester</b>	<b>Grade</b>
HPE 175 Foundations of Health & Physical Education (C or higher required) (Fall and Sp)	3	_____	_____
PHE 200 Health Implications for HPE Professionals (Fall only)	3	_____	_____
PHE 205 Lifetime Activities (Spring only)	3	_____	_____
PHE 206 Team Sports (Fall only)	3	_____	_____
PHE 306 Dance & Gymnastics (Spring only)	3	_____	_____
PHE 330 Movement Concepts and Skill Themes (Fall only)	3	_____	_____
NTN 230 Nutrition (2 sections in fall, 1, sometime 2 in spring, sometimes summer)	3	_____	_____
HPE 450 Teaching Strategies in Health Education (Fall only)	3	_____	_____
HPE 360 Teaching Strategies in Sex Education (Spring night class)	3	_____	_____
HPE 370 Teaching Substance Abuse Edu. (Fall only)	3	_____	_____
EXS 385 Sport & Exercise Psychology (Spring always, sometimes fall) (or EXS 540)	3	_____	_____
PHE 375 Movement Analysis for Physical Educators (Spring only)	4	_____	_____
PHE 400 Teach. Phy. Ed. in the Elem. Sch. (Spring only)	3	_____	_____
PHE 459 Teaching Adolescent Physical Education (Fall only)	3	_____	_____
PHE 405 Physiology of Exercise & Fitness (Fall only)	3	_____	_____

**RESTRICTED ELECTIVES (4 HOURS)**

<b>Choose two of the following:</b>	<b>Hours</b>	<b>Semester</b>	<b>Grade</b>
PHE 285 Football and Basketball Officiating	2	_____	_____
PHE 312 Coaching Football I	2	_____	_____
PHE 314 Coaching Basketball I	2	_____	_____
PHE 316 Coaching Baseball I	2	_____	_____
PHE 318 Coaching Track and Field I	2	_____	_____
PHE 319 Coaching Soccer	2	_____	_____

**Total semester hours required for graduation: 122-127**